10 ten

9 nine

8 eight

7 seven

6 six

5 five

4 four

3 three

2 two

1 one

hop

dunk

jump and push

Zz

Yy

Xx

Ww

Vv

Uu

Tt

Ss

Rr

Qq

Pp

Ll

Mm

Nn

Oo

Kk

Jj

Cc

Dd

Ii

Bb

Ee

Hh

Aa

Ff

Gg

frog leap